

# Step 1

## Extent To Which the Local Wellness Policy (LWP) Complies with USDA Requirements and Compares to a Model Policy Assessment Tool



Complete one of the LWP assessment tools listed below. Check the box next to the tool used. Retain a copy of the completed comparison assessment.

- Alliance for a Healthier Generation 10-step Checklist (see pages 2-5 of this document)
- [The WellSAT School Assessment Tool](#)

Open the completed comparison assessment and respond to the following questions based on the responses.

**1. List areas of strength in the wellness policy:**

- a. Implementation
- b. Evaluation
- c. Communication

**2. List opportunities for improvement in the wellness policy:**

- a. Physical Education and Physical Activity
- b. Wellness Promotion and Marketing
- c. Standards for USDA Programs and School Meals

**3. As a result of the comparison, was new language adopted in the LWP?**

- Yes (complete notes section & question 4)
- No (skip to question 5)

**4. Have the changes been approved by the board?**

- Yes
- No

**5. Describe the next steps for strengthening your LWP.**

We will continue to review our policies and procedures throughout the year regarding wellness and make adjustments as needed to fit the situations as they arise.

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